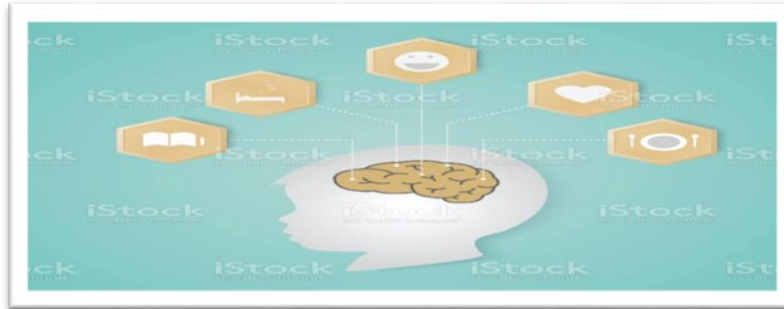




Zero to Three: The Growing Brain from Birth to Five Years



A Training Curriculum for Early Childhood Professionals

October 2023 – June 2024

7 - Saturday Virtual Workshops

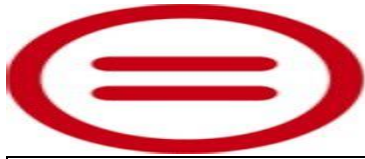
We encourage participants to attend all 7 sessions.

Workshop Sessions

Please Register on [NJCCIS.com](https://njccis.com)

<u>Session 1: The Basics – Unit 1 – Saturday</u>		
Class ID: 103213		Event ID: 137295
The discussion will focus on how the brain grows and develops from conception to five years old and describe the main parts of the brain and their functions, as well as explore how providers can support healthy brain development in early childhood when the brain is the most plastic, or receptive to change.		
Dates	Time	NJCCIS Event ID
10/7/2023 Saturday	9:00am-1:00pm	137295

<u>Session 2: Unit 2 Saturday</u>		
The Factors Affecting Brain Growth and Development		
Class ID: 102782		Event ID: 137296
We will focus on how varied factors can promote or inhibit healthy brain development. Ages Birth to 5 years		
Dates	Time	NJCCIS Event ID
11/4/2023 Saturday	9:00am-1:00pm	137296



<u>Session 3:</u> Unit 3 Communication and Language Development - Saturday Class ID: 102783 Event ID: 137297		
We will focus on receptive language- the ability to understand language heard or read – because until 3 years old, children understand far more than they can say. Ages Birth to 5 years		
Dates	Time	NJCCIS Event ID
12/2/2023 Saturday	9:00am-1:00pm	137297

<u>Session 4:</u> Cognition and Executive Function Unit 4 – Saturday Class ID: 102784 Event ID: 137298		
Cognition starts at birth. Babies come into the world with a natural drive to learn about how the world works. It is this intense curiosity that helps them develop the critical thinking skills necessary to be successful in school and in life.		
Dates	Time	NJCCIS Event ID
1/6/2024 Saturday	9:00am-1:00pm	137298

<u>Session 5:</u> Social - Emotional Development Unit 5 - Saturday – Class ID: 103214 Event ID: 137299		
Social – Emotional Development includes the child's experience, expression, and management of emotions, as well as the ability to establish positive and rewarding relationships with others. Please join us as we discuss ways to support children birth to five as they develop in this Domain.		
Dates	Time	NJCCIS Event ID
2/3/2024 Saturday	9:00am-1:00pm	137299

**Session 6: Understanding Behavior Unit 6 - Saturday****Class ID: 102785****Event ID: 137300**

Temperament is brain based. It is not something children choose, or parents create. Research clearly shows that “differences in early childhood temperament – ranging from being extremely outgoing and adventurous to being painfully shy and easily upset by anything new or unusual – are grounded in one’s biological makeup” (National Scientific Council on the Developing Child, 2004, p.21

Dates	Time	NJCCIS Event ID
3/2/2024 Saturday	9:00am-1:00pm	137300

Session 7: Everyday Play Unit 7 - Saturday**Class ID 102781****Event ID: 137302**

The following workshop session will focus on stages and types of play that unfold in early childhood, the role of the brain in this process, and how to maximize children’s learning through play.

Dates	Time	NJCCIS Event ID
4/6/2024 Saturday	9:00am-1:00pm	137302